

was evident in Judith's personal story on infidelity and marital discontentment. She presented her story to her client in an allusive way, meaning that she did not explicitly reference herself, rather she told her client that she was going to tell her a story on how her sister experienced the same interpersonal dilemma in her marriage. By providing a narrative on her story, Judith was able to use her story as an example of how exposure to relationship alternatives, changes in relationship expectations, and new desires can change one's outlook on relationship fulfillment. Her story on marital dissatisfaction and infidelity exemplify two phenomena known as the social exchange/interdependence theory and the triangular theory of love.

From a social exchange/interdependence viewpoint, people stay in relationships if the rewards exceed the costs. In Judith's case, her relationship with her husband, Bruce, initially represented a relationship that was secure and rewarding. Judith was content in her marriage, but as she became an intern for a millionaire match making firm in Washington D.C., her perception on the quality of her relationship, as well as her level of satisfaction, began to shift. This shift did not develop intrinsically; it derived from an extrinsic source, particularly from a business relationship that progressed into a romantic relationship with a client from the firm named Harley. When Judith and Harley first come into contact with each other, Harley presented himself as a charming, transparent, and charismatic man who expressed a great deal of interest in Judith. Judith initially rejected his advancements in an attempt to emphasize her marriage to him and prevent fraternization from transpiring. Her resistance towards his advancements did persist for a while until the resistance gradually turned into a growing infatuation that ultimately caused her relationship with him to deviate from the parameters of a professional relationship. The majority of their time together consisted of Harley telling Judith how beautiful she was, how much he would appreciate her, how oblivious her husband was to her needs, and how being