Cluster B Personality Disorder

• Antisocial personality disorder
  o Treatment
    ▪ Many do not seek treatment
    ▪ Poor prognosis
    ▪ Focus on prevention

• Borderline Personality disorder
  o Unstable relationships
    ▪ Avoid abandonment
  o Poor self image
    ▪ Mood swings, feel empty
  o Impulsivity
    ▪ Substance abuse, sex, suicide
  o Causes:
    ▪ Runs in family
    ▪ Connection with mood disorder
    ▪ Contribution of early abuse
  o Treatment:
    ▪ Few controlled studies
    ▪ Dialectical Behavior therapy [DBT]
    ▪ Medication
      ▪ Antidepressants and lithium

• Histrionic Personality Disorder
  o Overly dramatic
  o Center of attention
  o Emphasis on appearance
  o Emotions are shallow
  o Seductive and provocative