• Personal growth
Classifying Psychological Disorders
• DSM – IV
  o American psychiatric associations *Diagnostic and statistical manual of Mental Disorders [4th edition]*
  o A widely used system for classifying psych disorders
  o Presently distributed as DSM – IV – TR [text revision]
• Neurotic disorders
  o Term seldom used now
  o Usually distressing but allows one to think rationally and function socially
• Psychotic disorders
  o Person loses contact with reality
  o Experiences irrational ideas and distorted perceptions