Reflection on Taoism

Taoism is acceptance of one’s life.
Taoism is living life simply.
Taoism is following one’s breath to find peace.
Taoism is opening up a smile to enable possibility.
Taoism is been natural.

To define taoism is difficult, ambiguous of philosophy or religion it is. But whatever it is, concretely, it is good to stay on what the taoist believes.

Living life is easy when I have nothing to worry about. But life is full of problems, which make me worry, hence, it is difficult? Many of the people – not all, find the world with full of contradictions: contradictions of colors; why he is white and I am black, could it be possible to become white or can the two of us just exchange in color? Contradictions of wealth; why there are poor and there are rich? Or why I belong to the poor class, in Marx view to the laborers, proletarians, why not being rich? It’s unfair. Thirdly, nations contradiction; the bigger thing is this. Why do some of the nations, if not all, aren’t contented of what they have. Famous in the world’s news, concrete example of this, on China’s acclamation on Spratly islands which really belong to the Philippines. Well, in fact, whatever logic it is to be done by them, it is still always belonged to the Philippine state. But the question is, does the Philippines state have the courage to defend it? Or can the Philippines defend the Spratly islands? Or it will just be likened to an egg without a shell. Many things are in contradictions, which become our life difficult and unnatural.

Within this vulnerable world, the reality is there distinctions of everything, contradictions of everything but why most of the people find these distinctions rather than, harmonizing them, like the YIN and YANG, though different but can be united, on the other hand. Well, why is it happening? How can we apply Taoism in these contexts of life?

Bigger problems come from a single little one, from man himself. Besides, one of the perennial problems of man would highlight on the unending desires of him. A desire of something man still doesn’t has, absolutely. Oscar Wilde stated, “Man has unending desires”. Man desires a thing and by achieving it, he desires again a new one until it reaches that he cannot reach anymore a certain desire which leads to frustration and dissatisfaction.