happen to anyone and is easily undetected until too late. It is also misdiagnosed with Social Anxiety Disorder (SAD). Severe PTSD can form secondary symptoms as anxiety and depression, which may result in suicidal musings. To dodge such situations medication is given to soothe symptoms. Most people believe that PTSD can be eliminated through repression, yet they fail to recognize that PTSD cannot be eliminated unless treated with the help of experts and medication (American Psychiatric Association, 2013).

A diagnosis of PTSD can be a nightmare to anyone, because the only way to rid oneself of it is to convey the repressed memories which caused PTSD in the first place. For this matter, PTSD should be treated by an experienced individual who is trained to be neutral throughout the entire sitting. These professionals are trained to avoid conveying personal outlook on the traumatic event the person had gone through, which would make the victim much contented to relive the traumatic incident (American Psychiatric Association, 2013).

In our opinion, we believe that the people of Ceylon should be more aware about such disorders and in order to broaden awareness, all Psychiatric Associations of Ceylon should combine and establish campaigns and seminars to educate the people about such life threatening mental health disorders. In many researches it is proven that many civilians and soldiers are in need of therapy for PTSD as a result of the 30 year civil war. We as Sri Lankans need to be more compassionate to each other. Those educated about such disorders should educate others and help recommend treatments for those in need without deriding people for their disabilities.

Taking everything into account, "The perks of being a wallflower" fixates on Charlie, a "wallflower" who is a bashful, serene and silent teenage boy. It portrays how the loss of his closest companion and being molested by his Aunt eventually paved way for Posttraumatic