Recast as a newspaper article inspiring women

Self respect may be the hardest kind of respect for any woman to attain. And this is largely due to the vast majority of us being catastrophically misinformed as to what ‘self respect’ is exactly. I hope to change that.

It is not possible to fool oneself into believing that we are something we are not. Changing your own perspective of yourself is considerably more challenging than changing the opinion of others. Those who attempt to mask the truth from themselves become desperately unhappy and live their life craving respect from others while not respecting themselves.

Self respect is not something that is awarded only to those who have made no mistakes in life, have no guilt or regret and are able to sit quite comfortably with all of their past decisions. In fact, it is often quite the opposite. A woman with a skeleton or two tucked away in her closet, who is quite willing to keep them hidden, is a woman with self respect. She is able to take responsibility for everything she has done wrong, she does not need punishment, forgiveness and to beg for others approval to know what she has done and to accept it for what it is. Those who are comfortable with themselves and who they truly are, those are the ones with self respect.

And, in more cases than not, it is those who do not gain the respect of others (and do not care for the respect of others) that have self respect. Women without self respect are often greatly unhappy with themselves and their lives and spend much of it trying desperately to make up for some imaginary debt they think they owe to everyone. They feel guilt and remorse and are eaten up by the wrongs that they have done and are unwilling to accept responsibility in the same way that women with self respect are.

It has become old fashioned. Many years ago it was largely accepted of all people to have self respect, it was forced upon them from a young age that, by doing undesirable things, one can gain more greatly desired things. In short, something that is worth having, always comes at a price, and that price is willingly paid by those with self respect who understand its true cost.

For this reason I promote self respect. Love yourself and if others care for you, it is because they care for your true self, not who you are pretending to be.

The varied syntax used in the newspaper article is used to have a dramatic impact on the reader, starting the piece with a short sentence which summarises what the article is addressing is a good way to introduce the audience to the topic as well as to get them thinking about the issue of understanding self respect. Following this with a longer sentence further explaining and expanding on the point allows the reader to understand the