**Reasons for Détente**

- Nuclear Parity
- Feared Isolation
- Economic/Domestic Crisis
- Not ideological

**SALT 1 - 1972**
- Vladivostock Summit 1974
- Ford under pressure from far right
- Signed by Carter and Brezhnev
- Senate rejected in 1980 due to conflict in Angola, Iran and Afghanistan
- Never ratified

**SALT 2 - 1979**
- Interim Treaty
- USSR = 1618 ICBMs / 740 SLBMs
- USA = 1054 ICBMs / 740 SLBMs
- Basic Principles Treaty - avoid confrontation
- Trade increased/Nixon visited Moscow 1972/4 / Brezhnev visited USA 1973

**European Détente**
- Ostpolitik abandoned Haltstein Doctrine
- Borders recognised (e.g. Oder-Neisse line between Germany and Poland)
- 1971 - legal access from West Germany to West Berlin
- Basic Treaty 1972 - recognised East Germany
- Effectively reduced tension
- Acknowledged Soviet control, legitimising the Soviet regime and the division.

**Soviet Invasion of Afghanistan 1979**
- Anti-American/ Muslim Fundamentalists threatened stability
- Needed pro-Soviet government
- CIA threatened to support anti-Soviet faction
- 100,000 troops - Soviet Vietnam (Guerrilla War)
- US cut trade, boycott Olympics, rejected SALT 2
- Increased arms/nuclear spending
- 'Weak' Carter replaced by Reagan (Thatcher supported)
- Change in American public opinion

**USA**
- Withdraw from Vietnam
- Peace with Honour
- Reduce military spending
- Right Wing politicians demoralised + submissive
- Social issues

**USSR**
- Nuclear Parity
- Feared Isolation
- Economic/Domestic Crisis
- Not ideological
- Stop USA getting ahead

**US Economic Issues**
- 1973 Oil Crisis
- Egypt/Syria invade Israel - Yom Kippur War
- Arab oil boycott
- Oil rose by 70% to pressure US

**Soviet Economic Issues**
- Ineffective agriculture
- Too much heavy industry
- Too much money on allies
- 30% workers = military

**Basket One**
- Helsinki Accords
- 33 states from Warsaw Pact + NATO
- Recognised post-war European borders
- Promoting trade and technology exchanges across the 'Iron Curtain'

**Basket Two**
- Stabilised Relations (Post Revisionist Craig and George)
- Prevented close superpower conflict
- Improve living standards

**Basket Three**
- Reagan: 'Placed the American seal of approval on the Soviet Empire in Eastern Europe.'

**Opposition**
- Reagan: 'Placed the American seal of approval on the Soviet Empire in Eastern Europe.'

**Neo-Conservatives (US politics)**
- Carter = human rights were basis of foreign policy
- This increased tension rather than reduced
- Regained confidence slowly after Vietnam
- Wanted more forceful approach to communism
- Carter = 'dove' - relied on conflicting advice
- Soft diplomacy (Secretary of State Vance)
- Hard-line (National Security Adviser Brezezinski)

**Positive**
- Stabilised Relations (Post Revisionist Craig and George)
- Prevented close superpower conflict
- Improve living standards

**Negative**
- Little was signed/ Treaties ignored
- Armaments still increased
- Europe not stable/ USSR and China still tense
- Conflict increased in the Third World
- Collapse showed its fragility
- 'Soft on Communism'
- Prolonged the war (Pipes)