Criteria for DSM for smoking and Gambling/ Initiation/maintenance/Relapse

Criteria for disorders of substance abuse:
   For substance dependence-must show three of these at any time of a 12-month period.
   Tolerance
   Withdrawal symptoms
   Increase in doses
   Unsuccessful attempts to cut down
   Activities given up
   Complicit with use

   For substance abuse must show one or more of these in a 12 month period.
   Interference with obligations in their major role-work, home, school
   Recurrent use in potentially hazardous situations
   Legal problems related to drug use
   Complicit even with social/interpersonal problems.

   DSM criteria for pathological gambling
   For diagnosis of pathological gambling, the individual must show five or more of the following.
   Pre-occupation-reliving past gambling experiences or planning the next one.
   Tolerance: more money to bet to achieve desired excitement.
   Loss of control: unsuccessful attempts to cut break.
   Withdrawal: restless/irritable if trying to cut down or stop.
   Escape: gamblers to avoid problems or to improve mood.
   Chasing: tries to win after losing large amounts previously.
   Lying
   Law breaking: illegal acts to fund problem.
   Damage to relationships
   Bailout

   Initiation, Maintenance/Relapse:
   Initiation-how the addiction starts
   Maintenance-why it continues
   Relapse- Re-using after period of abstinence.