up, she passes him a note that reads “I love you.” Winston tries desperately to figure out the note’s meaning. He has long suspected that the dark-haired girl is a political spy monitoring his behavior, but now she claims to love him. Before Winston can fully comprehend this development, Parsons interrupts him with talk about his preparations for Hate Week. The note from the dark-haired girl makes Winston feel a sudden, powerful desire to live.

After several days of nervous tension during which he does not speak to her, Winston manages to sit at the same lunchroom table as the girl. They look down as they converse to avoid being noticed, and plan a meeting in Victory Square where they will be able to hide from the telescreens amid the movement of the crowds. They meet in the square and witness a convoy of Eurasian prisoners being tormented by a venomous crowd. The girl gives Winston directions to a place where they can have their tryst, instructing him to take a train from Paddington Station to the countryside. They manage to hold hands briefly.

Summary: Chapter II

Executing their plan, Winston and the girl meet in the country. Though he has no idea what to expect, Winston no longer believes that the dark-haired girl is a spy. He worries that there might be microphones hidden in the bushes, but feels reassured by the dark-haired girl’s evident experience. She tells him that her name is Julia, and tears off her Junior Anti-Sex League sash. Winston becomes aroused when they move into the woods and they make love; the experience is nearly identical to the passionate sexual encounter about which Winston has dreamed. Afterward, Winston asks Julia if she has done this before, and she replies that she has—scores of times. Thrilled, he tells her that the more men she has been with, the more he loves her, since it means that more Party members are committing crimes.

Summary: Chapter III

The next morning, Julia makes the practical preparations for their return to London, and she and Winston head back to their normal lives. Over the coming weeks, they arrange several brief meetings in the city. At a rendezvous in a ruined church, Julia tells Winston about living in a hostel with thirty other girls, and about her first illicit sexual encounter. Unlike Winston, Julia is not interested in widespread rebellion; she simply likes outwitting the party and enjoying herself. She explains to Winston that the Party prohibits sex in order to channel the sexual frustration of the citizenry into fervent opposition to Party enemies and impassioned worship of Big Brother.

Winston tells Julia about a walk he once took with his ex-wife Katherine, during which he thought about pushing her off of a cliff. He says that it would not have mattered whether he pushed her or not, because it is impossible to win against the forces of oppression that govern their lives.
Winston tells him that he hates Big Brother. O’Brien replies that obeying Big Brother is not sufficient—Winston must learn to love him. O’Brien then instructs the guards to take Winston to Room 101.

Summary: Chapter V

In Room 101, O’Brien straps Winston to a chair, then clamps Winston’s head so that he cannot move. He tells Winston that Room 101 contains “the worst thing in the world.” He reminds Winston of his worst nightmare—the dream of being in a dark place with something terrible on the other side of the wall—and informs him that rats are on the other side of the wall. O’Brien picks up a cage full of enormous, squirming rats and places it near Winston. He says that when he presses a lever, the door will slide up and the rats will leap onto Winston’s face and eat it. With the writhing, starving rats just inches away, Winston cracks. He screams that he wants O’Brien to subject Julia to this torture instead of him. O’Brien, satisfied by this betrayal, removes the cage.

Summary: Chapter VI

Winston, now free, sits at the Chestnut Tree Café, where dismissed Party members go to drink. He enjoys a glass of Victory Gin and watches the telescreen. He accepts everything the Party says and does. Without acknowledging it to himself, he can still smell the rats. On the table, Winston traces “2 + 2 = 5” in the dust. He remembers seeing Julia on a bitter-cold day that March. She had thickened and stiffened, and he now found the thought of sex with her repulsive. They acknowledged that they had betrayed one another, and agreed to meet again, though neither is truly interested in continuing their relationship. Winston thinks he hears the song lyrics “Under the spreading chestnut tree / I sold you and you sold me,” which he heard when he saw the political prisoners there many years earlier. He begins to cry. He remembers a moment of happiness with his mother and sister, but thinks it must be a false memory. He looks up and sees a picture of Big Brother on the telescreen, making him feel happy and safe. As he listens to the war news, he reassures himself of both the great victory he has won over himself and his newfound love for Big Brother.

And perhaps you might pretend, afterwards, that it was only a trick and that you just said it to make them stop and didn’t really mean it. But that isn’t true.

Themes

The Dangers of Totalitarianism

1984 is a political novel written with the purpose of warning readers in the West of the dangers of totalitarian government. Having witnessed firsthand the horrific lengths to which totalitarian governments in Spain and Russia would go
and the Party controls the mind, then the Party controls the universe. As Winston thinks, “For, after all, how do we know that two and two make four? Or that the force of gravity works? Or that the past is unchangeable? If both the past and the external world exist only in the mind, and if the mind itself is controllable—what then?” The mathematical sentence $2 + 2 = 5$ thus becomes a motif linked to the theme of psychological independence. Early in the novel, Winston writes that “Freedom is the freedom to say that two plus two make four.” The motif comes full circle at the end of the novel after the torture Winston suffers in the Ministry of Love breaks his soul; he sits at the Chestnut Tree Café and traces “$2 + 2 = 5$” in the dust on his table.

4. And when memory failed and written records were falsified—when that happened, the claim of the Party to have improved the conditions of human life had got to be accepted, because there did not exist, and never again could exist, any standard against which it could be tested.

This quote from Book One, Chapter VIII, emphasizes how one’s understanding of the past affects one’s attitude about the present. Winston has just had a frustrating conversation with an old man about life before the Revolution, and he realizes that the Party has deliberately set out to weaken people’s memories in order to render them unable to challenge what the Party claims about the present. If no one remembers life before the Revolution, then no one can say that the Party has failed mankind by forcing people to live in conditions of poverty, filth, ignorance, and hunger. Rather, the Party uses rewritten history books and falsified records to prove its good deeds.

5. And perhaps you might pretend, afterwards, that it was only a trick and that you just said it to make them stop and didn’t really mean it. But that isn’t true. At the time when it happens you do mean it. You think there’s no other way of saving yourself and you’re quite ready to save yourself that way. You want it to happen to the other person. You don’t give a damn what they suffer. All you care about is yourself.

Julia speaks these lines to Winston in Book Three, Chapter VI, as they discuss what happened to them in Room 101. She tells him that she wanted her torture to be shifted to him, and he responds that he felt exactly the same way. These acts of mutual betrayal represent the Party’s final psychological victory. Soon after their respective experiences in Room 101, Winston and Julia are set free as they no longer pose a threat to the Party. Here, Julia says that despite her efforts to make herself feel better, she knows that in order to save herself she really did want the Party to torture Winston. In the end, the Party proves to Winston and Julia that no moral conviction or emotional loyalty is strong enough to withstand torture. Physical pain and fear will always cause people to betray their convictions if doing so will end their suffering.
Winston comes to a similar conclusion during his own stint at the Ministry of Love, bringing to its culmination the novel’s theme of physical control: control over the body ultimately grants the Party control over the mind. As with most of the Party’s techniques, there is an extremely ironic strain of doublethink running underneath: self-love and self-preservation, the underlying components of individualism and independence, lead one to fear pain and suffering, ultimately causing one to accept the principles of anti-individualist collectivism that allows the Party to thrive.

6 “I understand HOW: I do not understand WHY.” Book 1, Chapter VII Page 80. Winston understands how the process of falsifying the past works, yet is unable to understand why Big Brother would feel the need to change the past in the first place. Big Brother changes the past in order to keep control over the future and maintain the population. Always showing Big Brother in a positive light. Winston however must understand why things have to be this why.

7“She did not understand that there was no such thing as happiness, that the only victory lay in the far future, long after you were dead, that from the moment of declaring war on the Party it was better to think of yourself as a corpse.” Book 2, Chapter III Page 135. This quote is essential to the novel. Winston comes to the realization that success for overturning the Party would come at a high cost and most importantly it would not be anytime in the near future. This war over the Party would not be won in their life time. The final words in this quote foreshadows their future.

8“The room was a world, a pocket of the past where extinct animals could walk.” Book 2, Chapter V Page 150. This quote refers back from Winston and Julia’s relationship. In simple terms what they have between them is a thing from the past, like a dinosaur true love during the Party’s existence is extinct. The room becomes their safe place where they can let their emotions run wild and ideas consume them.

9“They simply swallowed everything, and what they swallowed did them no harm, because it left no residue behind, just as a grain of corn will pass undigested through the body of a bird.” Book 2, Chapter V Page 156. This quote explains how the Party is able to survive in modern times, they force what normally to be intelligent citizens to believe the lies of the government. Also to maintain order their Totalitarian Government, they do away with intelligent people who could possibly stand against the government. intelligent people must be reconditioned to reject the self-evident truth, sanity, and common sense if they wish to survive.

10“They can’t get inside of you. If you can feel that staying human is worth while, even when it can’t have any result whatever, you’ve beaten them.”