I. Knowing Thyself
   A. I (Intelligence) + I (Interest) = Idea
   B. Intelligence - The ability to acquire and apply knowledge and skills

1. Linguistic Intelligence – word smart
   - The ability to think in words and to use language to express and appreciate complex meanings.

2. Logical-Mathematical Intelligence – number smart
   - The ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations.