4. Middle & late childhood (6 to 12 years)
   - Learning sports
   - Mastery of basic literacy skills
   - Learning to be more adultlike

5. Adolescence (12 to 18 years)
   - Puberty and sexual maturity
   - Set personal values and goal
   - More idealistic and independent

Nurture
   - The influence of the environment over our development

Nature
   - The genes from parents
   - Any matter concerning traits relies on concept of inborn biology