Theory of International Politics, Waltz

102. All states must be prepared to use force or live at mercy of it.

103. Anarchy is associated with the occurrence of violence.

104. Struggles to achieve and maintain power, establish order etc.

105. Contact generates conflict and at times issues violence.

106. Once units strive to maintain a measure of independence.

107. Self-help system = time spend protecting itself from others.

108. In a self-help system, units worry about their survival, this worry conditions their behavior.

109. A state worries about a division of possible gains that may favor others more than it.

110. No one can take care of the system, see war.

111. "There is no remedy for a small state. The mighty are a structural "

112. The more powerful the mighty state, the stronger the desire to control it becomes.

113. Rational choice:

114. "One who knows that pressing too hard may lead to war has strong reason to consider whether possible gains are worth the risk entailed."

115. Anarchy also means the presence of disorder and chaos.

116. Weak states to market structures.

117. Realpolitik, success of the ultimate end of power.

118. Machiavelli:Reasonable (interest + necessity).

119. Fear of unaided consequences makes the SOP work.

120. Conscious aim = anarchy + will.

121. Some things are beyond the power.

122. Bandwagon + Balancing.