Neither EF deficit or delay aversion is sufficient to account for ADHD

The Cognitive Energetic Model of ADHD (Sergeant, 2005)
- Single deficit models of ADHD are not sufficient
- Efficiency of information processing is determined by:
  - Computational resources (processing and storage- WM)
  - State regulation (arousal, activation and effort)
  - Management of resources (EF)
- Poor start regulation gives rise to slower and variable reaction times in EF tasks

Problems with CEM
- Not well specified
- Complicated
- Testing it will depend on identifying satisfactory measures of arousal, activation and effort