**Psychodynamic Theory**

Freud's unconscious:

**ID** - unconscious - focuses on pleasure and prompts selfish and infantile.

**Ego** - conscious - focuses on reality.

**Superego** - preconscious - moral part of the personality - learning what is right and wrong.

The Oedipus complex:

New Freudians - disagree with Freud's theories.

Conscious

Unconscious

Controllable aware of uncontrollable behavior.

**Psychosexual stages**

1. Oral - eating/licking, kissing
   - Begins from a baby
2. Anal - excretion
   --fixation can develop OCD, non-adventures in future
3. Phallic - concerned about intimacy, genital
4. Latency - going to school and making friends
5. Genital - thinking and discovering sexual acts etc.