PY1: Approaches in Psychology

All Approaches Notes
Jedi Mind Tricks – I Against I ft. Planetary

“The Heart is the general, the eyes the scouts, the fists the arrows...”
Strengths & Weaknesses

• Strength - applications aversion therapy on NHS. Systematic desensitisation, phobias. AT is based on CC, used to treat smoking addiction and alcoholism, but ethical harm issues present.

• Strength - scientific methodology, experiments controlled, replicable. Bandura transmission of aggression in children.

• Weakness - use of animals, e.g. Skinner rats operant conditioning. Differing neurology, cannot generalise, lack ecological validity.

• Weakness - only looks at environment. Reductionist, ignores genes, mood, thinking, possibly large part of behaviour – contradicts bio and cog.
Theory

• Define Id, ego and superego, state defence mechanisms and psychosexual stages.
• Define defence mechanisms, consequences of superego and id imbalance.
• Psychosexual stages, oral 0-1, anal 1-3, phallic 3-6, latency until puberty genital stage.