EXERCISE - 1

CAN YOU GUESS HISTORY IS YES? RELIABLE OR NOT

NO?
HAPPY   ANGRY   BORED
SAD       IRRITATED
• CONGRUENCY

- Related to internal thought content
- Internal comparison

Congruent

\( A_t/B_t - \text{I got PG medical seat in AIIMS} \)
\( A_e - \text{happy} \quad B_e - \text{sad} \)

Incongruent

\( A_t/B_t - \text{I was detained for no reason} \)
\( A_e - \text{sad} \quad B_e - \text{happy} \)
1
My neighbours are putting the idea that my wife is cheating on me into my brain.

2
As I speak my words are being taken away by aliens through vaccum pump.

3
Whatever i think you get to know them by your brain receivers.
ANSWERS

1 THOUGHT INSERTION

2 THOUGHT WITHDRAWAL

3 THOUGHT BROADCAST
• Insight – awareness of illness
6 – emotional insight (aware + changes behaviour)
5 – intellectual insight (aware but doesn't change)
4 – aware but doesn't know cause
3 – aware but blames external cause
2 – agrees and disagrees
1 – not aware
A person willingly comes to hospital unaccompanied saying that he has unusual fear of speaking in public.

When doctor said you should get used to people initially by speaking with your close friends as a rehearsal to face public without fear.

But patient denies and asks for medication.
• DSM – 5
- Diagnostic and statistic manual of mental disorders
- Published by American Psychiatric Association
• ICD – 10
- By WHO
- Chapter – 5
- Code F
• DSM – 4 – multiaxial system
  1 – psychiatric diagnosis
  2 – personality disorder or mental retardation
  3 – medical condition
  4 – psychosocial problems
  5 – score on global assessment functioning