EXERCISE 1

CAN YOU GUESS HISTORY IS YES? RELIABLE OR NOT?
<table>
<thead>
<tr>
<th></th>
<th>HAPPY</th>
<th>ANGRY</th>
<th>BORED</th>
<th>SAD</th>
<th>IRRITATED</th>
</tr>
</thead>
</table>

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• CONGRUENCY
- Related to internal thought content
- Internal comparision

Congruent

At/Bt – I got PG medical seat in AIIMS
Ae – happy    Be – sad

Incongruent

At/Bt – I was detained for no reason
Ae – sad    Be – happy
1
My neighbours are putting the idea that my wife is cheating on me into my brain

2
As I speak my words are being taken away by aliens through vaccum pump

3
Whatever i think you get to know them by your brain receivers
ANSWERS

1 THOUGHT INSERTION

2 THOUGHT WITHDRAWL

3 THOUGHT BROADCAST
• Insight – awareness of illness
6 – emotional insight (aware + changes behaviour)
5 – intellectual insight (aware but doesn't change)
4 – aware but doesn’t know cause
3 – aware but blames external cause
2 – agrees and disagrees
1 – not aware
A person willingly comes to hospital unaccompanied saying that he has unusual fear of speaking in public.

When doctor said you should get used to people initially by speaking with your close friends as a rehearsal to face public without fear.

But patient denies and asks for medication.
• DSM – 5
- Diagnostic and statistic manual of mental disorders
- Published by american psychiatric association
• ICD – 10
- By WHO
- Chapter – 5
- Code F
• DSM – 4 – multiaxial system
1 – psychiatric diagnosis
2 – personality disorder or mental retardation
3 – medical condition
4 – psychosocial problems
5 – score on global assessment functioning