Activity 1: Criss Cross Handball

1. Divide the class in half as there will be two criss cross handball drills going at the same time.
2. There will be 4 students at the start of the line in a diamond like formation as there should be a 5-10m space between the starting players.
3. A starting player handballs the ball directly across to the opposite person, they then catch the ball and the other person that has started with the football then hand passes the ball across to the student facing them.
4. This continues going through until everyone in the drill has had 5 touches.
5. Extend the cones back another 5m and add a bounce in the drill, still completing the exact same process of the criss cross.
6. Further advancements to the drill include adding a kick and extended the cones even further back.

Handball

- Students must be focused and aware of their surroundings as this drill does get quite congested.
- Accurate handballs and keeping your eye on what's coming is very important to making the drill flow efficiently and effectively.

- Teacher should wander between the 2 groups and signal when to push back the groups to extend into a bounce and kick.
- Should try and encourage the students to move the football quickly in and around the group.

Bridging Transition

- Students are to bring the cones and footballs back to the teacher.
- Create 2 even teams amongst the group and nominate captains in each team.
- Captains are to nominate a catcher for the team and they are in charge of organizing their hoop to stand in.

<table>
<thead>
<tr>
<th>Time</th>
<th>Task(s) (What students do)</th>
<th>Observations (What to look for)</th>
<th>Task Management (Management of Student Group)</th>
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</thead>
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<td>9.13</td>
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<td>9.20</td>
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