Service is a difficult skill that modified equipment may rectify.

4. Badminton – Pushing the opponent back (Overhead Clear)

Court Area:
- Half a badminton court length ways

Conduct rules:
- Shake hands (sportsmanship and etiquette), honesty of the game

Procedure Rules:
- Serve the point, overhead clear and then game on using any strategies and tactics within the point

Tactical Solution:
- Attacking Overhead = Smash the shuttle to the ground
- Defensive Overhead = Get the player to the back of the court, high parabola