An example of a typical practice activity for a High Serve

6. Badminton - Winning the point

Court Area
-½ a badminton court

Conduct Rules
-Use a high serve to midcourt

Procedural Rules
-Server-5 Receiver-7. Points are scored for each rally (This encourages server to be accurate)

Tactical Solution
-Awareness of when to attack a weak serve or clear.

Attack: Where can you smash from most easily?
What kind of shot are you looking for from your opponent?
KTP: Week 2