Tutorial Four

Games for Understanding - A tactical games approach
- Defensive and Counter-Attack Strokes (Cont. Week 2-3)
- Competition (Trials & Pre-Season)
- Introduce strokes from the forecourt
- Introduce the strategies & tactics of doubles play
- Discussion for SEPEP season
  - game modifications
  - fixtures
  - ethics
  - results
- Evaluate the doubles pairs for SEPEP (Pre season)

1. Warm up

Badminton - Winning the point (Cont. from last week)

Court Area
-½ a badminton court

Conduct Rules
-Use a high serve to midcourt

Procedural Rules
-Server-5 Receiver-7. Points are scored for each rally

Tactical Solution
-Awareness of when to attack a weak serve or clear.

Attack: Where can you smash from most easily?
-What kind of shot are you looking for from your opponent?