that it is the 'most quoted and least understood line of all Sidney's poetry'. The rhetorical force of the line implies that true art is the best expression of emotional sincerity. The muse advises Sidney to look into his own heart referring to the mind in general- the seat of all faculties, and write. When the poet looks into his heart and visualizes Stella's image, it gives him all the material needed for invention. This section of the poem is reminiscent of Shakespeare's Sonnet-" How can my muse want subject to invent". There is a rhetorically sustained conflict in the poem: what Astrophil wants to write and his bafflement; and between the erroneous method he adopts and correct advice of the Muse. The last line is colloquial in tone and diction by which Sidney gives Astrophil an arrestingly comic self-awareness that counters the spiritual sincerity of Petrarchan poems.

Edmund Spenser inaugurated his poetic career with an English pastoral, The Shepherdess Calendar. His Sonnet cycle Amoretti, a collection of 88 sonnets published in an octavo volume in 1595, is remarkable for its depth of feeling and thought. Spenser represents an earlier humanist poetic tradition and had first hand knowledge of Virgil, Ovid, and Theocritus as well as vernacular Italian poets like Tasso, Ariosto. He also acknowledged his debt to the poetry of Chaucer and to the scholarship of Renaissance scholars. Though he worked within certain broader generic conventions, he was innovative too in technique, diction and aural effects.

One day I wrote her name is Sonnet 75 in Spencer's sequence entitled Amoretti. The series records Spencer's courtship of Elizabeth Boyle, his future wife. His choice of the title, 'Amoretti' drawn from contemporary Italian rather than classical tradition, is unusual as it refers to the poems themselves, rather than to the persons involved in the courtship. The word “Amoretti” may simply mean 'little love offerings or tokens'. In One day I wrote her name, the poet-lover finds that the only way he can immortalize his love is through poetry, which links the sequence with the traditions of Dante and Petrarch. Spenser departs from the Petrarchan pattern both in theme and form in this Sonnet. His sonnet is the deep-felt articulation of sincere passion. Spenserian Sonnet