Anxiety

You are anxious about something (meaning you are worried about that)
You are anxious for something (meaning you are anxious for it to happen)

Into

use into after words like bump, crash, run, drive etc.

Of

you die of a disease.
you are asked to produce the proof of something
use of “of” after make shows the texture / material an object is made of.
example: "The bangle is made of gold".

From

you die from a wound. you suffer from a disease
to show that something is produced from something.
example: "Cider is made from apples". (it means to produce)

Off

you catch a disease off someone.
to make prey off something
example: "The Tiger visited the village to make a meal off its inhabitants".