Weather Conditions

Problem:

The extreme weather conditions caused blistering heat during the day and minus temperatures at night. The heat usually caused the water to dry out and thus finding water was becoming a daily problem and finding a solution was becoming more difficult by the day. And without water, you can only last for a couple of days.

Solution:

One of the reasons that the Indians followed the Buffalo herds was because they always lead to lakes and rivers. Following the Buffalo herd did offer the Indians a good food source, but it wasn’t the only reason the Plains Indians became nomadic. The harsh weather conditions differed in other areas of the Great Plains. For example, in some mountain-like areas it was safe to consider that it would become almost unbearably cold, and in lower areas where the landscape was sheltered from the raw winds, it would be warmer.
was caused by bad spirits which had possessed them. It was also their belief that the Medicine Men could use their power to eliminate the evil spirits and show them not to work against the spirit world, but to work with it.

The diagram above is of a medicine man trying to cure someone of being sick. (Or to eliminate the bad spirits that had possessed them.)