| Session 2: Testing the Conditioned Emotional Response (part b) |  Albert became more and more distressed  
  When he was again shown the rate, he began to cry and “began to crawl away so rapidly that he was caught with difficulty”  
  Season 3: Generalisation  
  Albert played happily with the blocks  
  He immediately responded with fear when shown the rat  
  His response to the rabbit was as extreme as to the rat  
  He burst into tears and crawled away  
  Neither the dog nor the fur coat produced a violent reaction  
  To other objects, he showed caution, but no fear response to John’s hair  
  Session 4: Changing the Environment  
  Albert’s response to the rat, rabbit and dog were less extreme than before  
  After “freshening up” the conditioned fear response was stronger  
  Even when the fear response was weak, it was noticeably different from his reaction to the building blocks  
  Showing a distinct learned response persisted between furry objects  
  Session 5: The Effect of Time  
  Albert responded to the objects in a clearly different way to the control objects (the blocks)  
  His reaction to the furry objects was not as extreme as it was previously, but he had clearly avoided and whimpered, and on occasions cried |
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| After this, Albert was exposed 5 more times to the “joint stimulation”  
  Session 3: Generalisation  
  At 11 months and 15 days, Albert returned for further testing  
  The researcher’s question was whether the learned link between the rat and noise would be generalised  
  Albert was presented with the rat, wooden blocks, a rabbit, a dog, a seal fur coats and John Watson’s hair  
  Session 4: Changing the Environment  
  At 11 months and 20 days, Albert’s conditioned response was “freshened” using “joint stimulation”  
  He was taken to a new environment – a large, well-lit room with 4 people present  
  He placed on a table in the centre of the room  
  Session 5: The Effect of Time  
  At 12 months and 21 days, Albert was tested on more time  
  He had been to the lab, but no emotional tests had been conducted  
  The final tests involved a Father Christmas mask, a fur coat, the rat, the rabbit, the dog and the blocks |