During the parent interview, Mrs Reddy seemed distracted and would often take telephone calls and respond to text messages. Upon exploration, Mrs Reddy apologised but never offered an explanation as to the reasons for her being distracted. Mrs Reddy complained about Darshan's behaviour, and insisted that there was "something wrong" with him. She wanted him to be assessed for Attention Deficit Hyperactivity Disorder and wanted him to be prescribed medication for this.

According to Darshan's school teacher, Darshan is very intelligent and often completes work before his peers. He sometimes gets bored in class because of this, but he responds well to limit-setting and is able to follow instructions well.

During subsequent parent interviews, the therapist noticed that Mr and Mrs Reddy do not communicate with each other. It further became apparent that Mr and Mrs Reddy do not openly talk about family matters, except about Darshan's behaviour. During the therapy sessions, Darshan came across as polite and friendly, and did not display any behavioural problems.

4.1 According to the Family Life Cycle Schema and the Stages of Marriage Schema, as discussed in Becvar and Becvar (2007), indicate which stages the Reddy Family are currently in, and discuss the emotional issues and the stage-critical tasks that are applicable to each stage. (10)

4.2 Provide a first order cybernetic analysis of the above case study. (20)

4.3 Discuss how a second order cybernetic therapist would approach this case by drawing on the theoretical principles consistent with second order cybernetics. (15)

4.4 In keeping with the both/and concept of systems thinking, discuss how a systems therapist can integrate both first order and second order cybernetics in an integrated and complementary way. (5)

TOTAL 100

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