Other Specified Dissociative Disorder
- Doesn’t meet criteria for one specific dissociative disorder listed
- A particular condition/reason the presentation does not meet criteria should be stated along with diagnosis
  - For example:
    - Identity disturbance from prolonged & intense coercive persuasion
      - People who have been brainwashed/indoctrinated may develop mixed dissociative states
    - Acute dissociative reactions to stressful events
      - Often last a few hours, though less than a month, characterized by mixed dissociative symptoms
        - Depersonalization, derealization, amnesia, constrictions of consciousness, stupor
    - Dissociative trance
      - Acute narrowing/complete loss of awareness of surroundings that manifests as unresponsiveness or insensitivity to environmental stimuli (shock)

Psychodynamic Explanations
- Dissociative amnesia = single episode of massive repression
- DID = lifetime of excessive repression
  - Remove self from perceived danger and pretend to be another person who is looking safely from afar
  - Fear their impulses and unconsciously try to disown/deny them by assigning them to other personalities

Treatment
- Clients w/ dissociative amnesia often recover on their own
- DID:
  - Recognize disorder
  - Bond primary personality with each of subpersonalities
  - May attempt to introduce subpersonalities to each other
  - Recover lost or repressed memories
  - Develop an integrated personality
    - Provide a safe space
  - No empirically supported treatment or established medications