He writes of a monologue that's been running through his head:

- Here, April 4th, 1984, that morning two people were going to a daily ritual, called two minutes hate.
- One was a dark-haired woman, and the other one was O'Brien, a member of the inner party.
- That morning it had been a Emmanuel Goldstein as the target of the two minutes hate.
- He's an early betrayer of the party and Goldstein was shown on screen abusing this Big Brother figure.
- When the programme ended, Winston had glanced at O'Brien.
- He thinks about this as he writes down: Down with big brother.
- This is considered thought crime, he'll be vaporised for it.
- He puts down his pen as someone knocks at his door.
- At the onset of 1894, the description of Winston Smith’s home and workplace, reveal a new London Society in 1984.
- The people are under the control of the party and there's absolutely no privacy or room for individuality.
- Winston's decision to write a diary is a dangerous act; the words that he writes are even more dangerous.
- His diary entries, show where he stands regarding the Party. Winston is a natural rebel in a conformist world. In a society where people are expected to swallow the lies the party feeds them.
- They're encouraged to fear enemies, real or imagined.
- Fear generates Hatred and Hatred keeps people under the party's control.
- Orwell links the two minutes hate with fear, and once fear manifests, it becomes a permanent state that controls everyone.

FEAR
⇓
HATRED
⇓
CONTROL