D) Low self-esteem
The correct answer is D: Low self-esteem

49. Which statement by the client with chronic obstructive lung disease indicates an understanding of the major reason for the use of occasional pursed-lip breathing?
A) "This action of my lips helps to keep my airway open."
B) "I can expel more when I pucker up my lips to breathe out."
C) "My mouth doesn't get as dry when I breathe with pursed lips."
D) "By prolonging breathing out with pursed lips the little areas in my lungs don't collapse."
The correct answer is D: "By prolonging breathing out with pursed lips my little areas in my lungs don't collapse."

50. During the admission assessment on a client with chronic bilateral glaucoma, which statement by the client would the nurse anticipate since it is associated with this problem?
A) "I have constant blurred vision."
B) "I can't see on my left side."
C) "I have to turn my head to see my room."
D) "I have specks floating in my eyes."
The correct answer is C: "I have to turn my head to see my room."

51. A 19 year-old client is paralyzed in a car accident. Which statement used by the client would indicate to the nurse that the client was using the mechanism of "suppression"?
A) "I don't remember anything about what happened to me."
B) "I'd rather not talk about it right now."
C) "It's all the other guy's fault! He was going too fast."
D) "My mother is heartbroken about this."
The correct answer is A: "I don't remember anything about what happened to me."

52. While caring for the client during the first hour after delivery, the nurse determines that the uterus is boggy and there is vaginal bleeding. What should be the nurse's first action?
A) Check vital signs
B) Massage the fundus
C) Offer a bedpan
D) Check for perineal lacerations
The correct answer is B: Massage the fundus
66. A client was admitted with a diagnosis of pneumonia. When auscultating the client's breath sounds, the nurse hears inspiratory crackles in the right base. Temperature is 102.3 degrees Fahrenheit orally. What finding would the nurse expect?

A) Flushed skin  
B) Bradycardia  
C) Mental confusion  
D) Hypotension  
The correct answer is C: Mental confusion

67. Postoperative orders for a client undergoing a mitral valve replacement include monitoring pulmonary artery pressure together with pulmonary capillary wedge pressure with a pulmonary artery catheter. This action by the nurse will assess:

A) Right ventricular pressure  
B) Left ventricular end-diastolic pressure  
C) Acid-Base balance  
D) Coronary artery stability  
The correct answer is B: Left ventricular end-diastolic pressure

68. The nurse is providing instructions for a client with asthma who is sensitive to house dust-mites. Which information about prevention of asthma episodes would be the most helpful to include during the teaching?

A) Change the pillow covers every month  
B) Wash bed linens in warm water with a cold rinse  
C) Wash and rinse the bed linens in hot water  
D) Use air filters in the furnace system  
The correct answer is C: Wash and rinse the bed linens in hot water

69. A client is receiving oxygen therapy via a nasal cannula. When providing nursing care, which of the following interventions would be appropriate?

A) Determine that adequate mist is supplied  
B) Inspect the nares and ears for skin breakdown  
C) Lubricate the tips of the cannula before insertion  
D) Maintain sterile technique when handling cannula  
The correct answer is B: Inspect the nares and ears for skin breakdown

70. The nurse is caring for a client with Parkinson's disease. The client spends over 1 hour to dress for scheduled therapies. What is the most appropriate action for the nurse to
C) Staff groups are appointed to discuss nursing practice and client education issues
D) Non-nurse managers supervise nursing staff in groups of units
The correct answer is B: Nursing departments share responsibility for client outcomes

75. The nurse is teaching childbirth preparation classes. One woman asks about her rights to develop a birthing plan. Which response made by the nurse would be best?
A) "What is your reason for wanting such a plan?"
B) "Have you talked with your health care provider about this?"
C) "Let us discuss your rights as a couple."
D) "Write your ideal plan for the next class."
The correct answer is C: "Let us discuss your rights as a couple."

76. A client is admitted with the diagnosis of myocardial infarction (MI). Which of the following lab values would be consistent with this diagnosis
A) Low serum albumin
B) High serum cholesterol
C) Abnormally low white blood cell count
D) Elevated creatinine phosphokinase (CPK)
The correct answer is D: Elevated CPK (creatinine phosphokinase)

77. A client tells the nurse he is sectior of planned surgery because of evil thoughts about a family member. What is the best initial response by the nurse?
A) Call a chaplain
B) Deny the feelings
C) Cite recovery statistics
D) Listen to the client
The correct answer is D: Listen to the client

78. A 14 month-old had cleft palate surgical repair several days ago. The parents ask the nurse about feedings after discharge. Which lunch is the best example of an appropriate meal?
A) Hot dog, carrot sticks, gelatin, milk
B) Soup, blended soft foods, ice cream, milk
C) Peanut butter and jelly sandwich, chips, pudding, milk
D) Baked chicken, applesauce, cookie, milk
The correct answer is B: Soup, blended soft foods, ice cream, milk

79. The RN is planning care at a team meeting for a 2 month-old child in bilateral leg
oxygen per nasal cannula at 2 liters per minute, the nurse would be most concerned about which unreported finding?
A) Pulse oximetry reading of 89%
B) Crackles at the base of the lungs on auscultation
C) Rapid shallow respirations with intermittent wheezes
D) Excessive thirst with a dry cracked tongue
The correct answer is C: Rapid shallow respirations with intermittent wheezes

106. During the care of a client with Legionnaire's disease, which finding would require the nurse's immediate attention?
A) Pleuritic pain on inspiration
B) Dry mucus membranes in the mouth
C) A decrease in respiratory rate from 34 to 24
D) Decrease in chest wall expansion
The correct answer is D: Decrease in chest wall expansion

107. A child and his family were exposed to Mycobacterium tuberculosis about 2 months ago, to confirm the presence or absence of an infection, it is most important for all family members to have a
A) Chest x-ray
B) Blood culture
C) Sputum culture
D) PPD intradermal test
The correct answer is D: PPD intradermal test

108. The nurse is assigned to a client with Parkinson's disease. Which findings would the nurse anticipate?
A) Non intention tremors and urgency with voiding
B) Echolalia and a shuffling gait
C) Muscle spasm and a bent over posture
D) Intention tremor and jerky movement of the elbows
The correct answer is B: Echolalia and a shuffling gait

109. Which of these statements by the nurse is incorrect to use to reinforce information about cancers to a group of young adults?
A) You can reduce your risk of this serious type of stomach cancer by eating lots of fruits and vegetables, limiting all meat, and avoiding nitrate-containing foods.
B) Prostate cancer is the most common cancer in American men with results to threaten
121. Which one of the following statements, if made by the client, indicates teaching about Inderal (propranolol) has been effective?
A) "I may experience seizures if I stop the medication abruptly."
B) "I may experience an increase in my heart rate for a few weeks."
C) "I can expect to feel nervousness the first few weeks."
D) "I can have a heart attack if I stop this medication suddenly."
The correct answer is D: "I can have a heart attack if I stop this medication suddenly."

122. A 6 month-old infant who is being treated for developmental dysplasia of the hip has been placed in a hip spica cast. The nurse should teach the parents to
A) Gently rub the skin with a cotton swab to relieve itching
B) Place the favorite books and push-pull toys in the crib
C) To check every few hours for the next day or 2 for swelling in the baby's feet
D) Turn the baby with the abduction stabilizer bar every 2 hours
The correct answer is C: To check frequently for swelling in the baby's feet

123. The nurse is teaching a client with cardiac disease about the anatomy and physiology of the heart. Which is the correct pathway of blood flow through the heart?
A) Right ventricle, left ventricle, right atrium, left atrium
B) Left ventricle, right ventricle, left atrium, right atrium
C) Right atrium, right ventricle, left atrium, left ventricle
D) Right atrium, left atrium, right ventricle, left ventricle
The correct answer is C: Right atrium, right ventricle, left atrium, left ventricle

124. The nurse manager has a nurse employee who is suspected of a problem with chemical dependency. Which intervention would be the best approach by the nurse manager?
A) Confront the nurse about the suspicions in a private meeting
B) Schedule a staff conference, without the nurse present, to collect information
C) Consult the human resources department about the issue and needed actions
D) Counsel the employee to resign to avoid investigation
The correct answer is C: Consult the human resources department about the issue and needed actions

125. The nurse would teach a client with Raynaud's phenomenon that it is most important to
C) Perianal area
D) External ear canals
The correct answer is B: Eyes

142. The nurse is caring for a child with cystic fibrosis. The nurse would anticipate that the child would be deficient in which vitamins?
A) B, D, and K
B) A, D, and K
C) A, C, and D
D) A, B, and C
The correct answer is B: A, D, and K

143. The nurse is teaching a 27 year-old client with asthma about management of their therapeutic regime. Which statement would indicate the need for additional instruction?
A) "I should monitor my peak flow every day."
B) "I should contact the clinic if I am using my medication more often."
C) "I need to limit my exercise, especially activities such as walking and running."
D) "I should learn stress reduction and relaxation techniques."
The correct answer is C: "I need to limit my exercise, especially activities such as walking and running."

144. While caring for a child with Reye's Syndrome, the nurse should give which action the highest priority?
A) Monitor intake and output
B) Provide good skin care
C) Assess level of consciousness
D) Assist with range of motion
The correct answer is C: Assess level of consciousness

145. A newborn presents with a pronounced cephalic hematoma following a birth in the posterior position. Which nursing diagnosis should guide the plan of care?
A) Pain related to periosteal injury
B) Impaired mobility related to bleeding
C) Parental anxiety related to knowledge deficit
D) Injury related to inter cranial hemorrhage
The correct answer is C: Parental anxiety related to knowledge deficit