Immunity and falls

\[\text{Immunity + falls} \]

\[\text{a sudden unintentional change in position,}\\ \text{can result in hip fractures}\\ \text{types of falls?}\\ \text{1. slip/stumble \& fall \& fall}\\ \text{from raised blood pressure \& postural \& hypotension}\\ \text{2. weakness \& balance}\\ \text{3. sensory \& neurological}\\ \text{4. fall due to UTI \& confusion + dehydrated}\\ \text{5. fall due to stroke \& confusion + dehydrated}\\ \text{6. fall due to stroke \& confusion + dehydrated}\\ \text{7. fall due to stroke \& confusion + dehydrated}\\ \text{8. fall due to stroke \& confusion + dehydrated}\\ \text{9. fall due to stroke \& confusion + dehydrated}\\ \text{10. fall due to stroke \& confusion + dehydrated}\]

\[\text{Causes of syncope:}\\ \text{1. vasovagal syncope \& common faint)\}\\ \text{2. cardiac causes syncope}\\ \text{3. cerebrovascular disease}\\ \text{4. pulmonary embolism \& hypertension}\}

\[\text{Causes of falls:}\\ \text{1. dizziness \& balance disorder}\\ \text{2. weakness \& balance disorder}\\ \text{3. sensory \& neurological}\\ \text{4. fall due to stroke \& confusion + dehydrated}\]

\[\text{Refers to specialist if urinary incontinence persists after failure of initial management.}\\ \text{Includes pelvic floor exercises, habit retraining, medication.}\\ \text{Can result in large residual volume after incontinence}\\ \text{CNS disease}\\ \text{Gynecological issues \& fibroids}\\ \text{Prostate enlargement}\\ \text{Surgery for previous incontinence problems}\]

\[\text{Diabetic control for polyuria}\\ \text{Cough suppressants}\\ \text{Make toilet more accessible \& remove, stool lift}\\ \text{Restrict fluid intake}\]