embarrassment or remorse. In 2010, a report specified that 93 percent of teens ages 12 to 17 use the Internet, which means they are all at risk of becoming victims of cyberbullying—or experiencing exposure to inappropriate content such as pornography (Cosmato). Thereby, using the internet as little as possible can have a positive outcome on society.

Another disadvantage of technology is the excessive time we dedicate towards it. As we try to concentrate on school assignments, work, or even simple tasks, the Internet can make the job a bit complex. Social networks display such a colossal amount of information on people's current status and life events that we become dragged and distracted. We want to view more of their activities and try to catch up with those friends we have not seen for a while. Distraction leads to wasting time and making individuals less productive when trying to engage in important tasks.

As people drift around these social networks, they can also be victims of invasion of their privacy. As settings and conditions change constantly for Facebook and other social networks, it is hard to manage how secure one is from exposing their personal information to the outside world ("Are Social Networking Sites"). Not knowing exactly how safe you are when uploading your pictures or intimate information can make these tools a bit dangerous. Settings often allow for friends of friends to have access to your posted information, setting a chain—possibly allowing strangers to view your information. Thereby, the web makes it difficult to control who can retrieve the documents you’ve shared, and can give away extra information that can result unsafe.