feel deep emotions

- The main emotion is fear or anxiety
  - **Borderline Personality Disorder**
    - they have relationship w/ people that are very intense + unstable
    - they are moody, manipulative, untrusting of others,

emotions are often too much and inappropriate, + confusion over identity issues

- Causes: A troubled childhood, poor mother-infant relationship during the years in which the identity is forming
  - **Avoidant, Dependent, Obsessive-Compulsive**

- Causes of Personality Disorders:
  - Psychodynamic Theorists: blame the development of the ego in the anal stage
  - Cognitive Theorists: certain behaviors during childhood that involve shaping, modeling, and reinforcing,
  - Biological: Personality disorder can be passed down through relatives
  - Disturbances in family relationships + Communication
    - neglect, child abuse, overly strict parents, parental rejection