- Ultrasound guidance to ensure safe distance from baby
- Transabdominal – under USS guidance, needle into tummy
- Transvaginal – speculum from down below and pass through forceps

Results:
- Full karyotype to check baby’s chromosomes (results back in two weeks)
- Also there are rapid tests to check certain genetic disorders (results take about 4 days)
- If results abnormal, will be arranged to discuss the options as soon as possible.
- Can continue with pregnancy or end the pregnancy (will offer support with either decision)

Risks:
- 1-2% risk of miscarriage
- Small risk of infection
- may notice spotting down below and cramping few hours after the procedure (normal and safe to take paracetamol)
- seek advice immediately if experience any unusual symptoms
- cell culture may not work
- anxiety

Other diagnostic options
- Chorionic villus sampling
- Do nothing (perfectly reasonable)

Discuss with partner or midwife

Remember:
- Avoid jargon
- Check understanding (are you following me?)
- Offer leaflet at the end