three main psychological terminologies which are the id, ego and superego. Id here is the libido which drives the desire and wants of the individual. In the short story, it was a clear evident that Edie was very much engulfed by her id after she was left blinded by the charm of her first love, Chris Watters. Her deep desire for Chris urges her id to trigger the willingness within herself to wait for his letter every single day at the mail box like she “… believed in it coming just like… the sun would rise in the morning” (Pg. 20) after Chris promised that he would write to Edie. However, after the long wait, somehow, Edie’s superego struck her and triggers her mind set to respond that “no letter was ever going to come” (Pg. 20). The superego plays its role by activating Edie’s unconscious state of mind to judge reality of her situation. Yet, her ego, which is the major defences against the driving power of id and superego, prompted her self-conscience, to choose to continue on waiting and believe that “… he was going to write…” (Pg. 20) or to actually come to the realisation that “… the actual tin mailbox is empty…” (Pg. 20). Therefore, without doubt, Sigmund Freud psychological terminologies are applicable in explaining Edie’s psychological dilemma.

Succinctly, the short story “How I Met My Husband” clearly exemplifies the presence of psychological interconnection through the psychobiography between the author, Alice Munro and also the protagonist, Edie. Moreover, Freudian psychological terminology of id, ego and superego too can be applied to illustrate the psychological dilemma of Edie as the central character of the short story. Hence, psychoanalytical literary criticism can be used to examine this short story.