exam preparation tips & test-taking strategies

Active Review
• Do practice problems
• Make 3 x 5 cards
• Recite what you know
• Anticipate questions and answers
• Make “summary sheets”
• Review past exams
• Study with a group

Before the Exam
• Get plenty of sleep the night before
• Diet and exercise properly
• Eat a hearty breakfast the morning of the exam
• Avoid panicking the last minute
• Avoid last minute interference

During the Exam
• Be confident! You can do it!
• Look over the entire test first
• Follow directions!
• Answer questions that are easy or questions you know first

Essay Questions
• Outline what you plan on writing first
• Read over all the questions carefully first
• Write the “easy” essays first
• Underline your main idea
• Answer the question in first sentence or paragraph
• Be direct and specific
• Answer the question!