• Focusing on the empowerment of women, allowing women to tend to the agricultural and domestic work of the community. This therefore ensures that the women hold the key to providing the resources to achieving the improvement of their children’s, communities, and families overall health.

• Through involvement of the whole community and the outlying areas, the people of the communities can achieve and participate in the improvement of their homesteads and workplaces. By implementing design projects into the communities as part of a short term goal, the individuals of that community can begin to get more confident through the correct education of building and infrastructure. This results in the community become self-sufficient and sustainable in the future.

• By ensuring that all aid given is constructive and not destructive, the communities can benefit off of the aid given, and can become self-sufficient and non-dependent on further aid given. For example: initially in a community vegetables and other foods would be provided to them. But once established and the health of the community starts to increase, educate the women and children of the community the correct methods of sustainable farming. Allowing them to produce crops that provide for the communities and make a profit that can be used on the development of that area. And its facilities within it.