High in authoritarianism and attributed their behavior to external events

- **Aggression**
  - Action intended to harm another person
  - Brain damage and aggression
    - Limbic systems plays a role
      - Damage here produces defensive aggression
  - Testosterone and aggression
    - Low levels of serotonin have been linked to aggressive behavior
    - Alcohol may disinhibit aggressive behavior
  - Learning, culture, and aggression
    - Cultural factors
      - Individualist vs. collectivist
    - Observation
      - Remember bobo
      - Pop culture
      - Violence in the media
    - Consequences for aggressive behavior
      - Positive reinforcement
  - Generalized arousal and aggression
    - Transferred excitation
      - If environment presents some reason, opportunity, or target for aggression
      - Ex. Being insulted
  - Pornography and aggression
    - By itself, pornography is not a major cause of aggression but aggressive porn can play a role in sexual aggression
  - Effects of temperature on aggression
    - Most aggressive incidences in summertime
    - People are outside more
  - Living arrangements and aggression
    - Crowding leads to arousal and tension

- **What motivates people to help others?**
  - Altruism
    - Unselfish concern for another’s welfare
  - Situational Factors
    - Arousal: cost-reward theory
      - Help to reduce anxiety but first weigh costs of helping verses not helping
      - Clarity of need for help (direct relationship)
        - Reduces uncertainty
      - Presence of others can be detrimental
        - “bystander effect” and diffusion of responsibility
        - Unless bystanders know each other, than more likely to help
  - Explaining helping
    - Empathy-altruism theory
      - Empathy leads to helping
    - Evolutionary theory