Biopsychosocial Model

- Cause and treatment of illness determined by biological, psychological and social factors
- 3 factors work in conjunction with each other

What causes illness? Multiple factors
Who is responsible for illness? Individual is not a passive victim and may contribute to illness
How should illness be treated? Whole person should be treated - psychological, physical
Who is responsible for treatment? Patient

Relationship between health and illness - health and illness exist on a continuum
Biopsychosocial - whole body and mind - Medical and psychological, are not independent of each other

Infectious Healthcare and Treatment

- Patients actively participate in treatment process and don't merely receive treatment
- Co-operation between health professionals and patient is relevant during treatment and intervention.