Stroke Risk Factors That Can Be Treated

- Hypertension/High Blood Pressure
- Heart Disease
- Cigarette Smoking
- Transient Ischemic Attacks
- Diabetes
- Elevated Blood Cholesterol/Lipids
Transient Ischemic Attacks (TIAs)

- “Warning strokes” that can happen before a major stroke
- Occur when blood flow through a brain artery is blocked or reduced for a short time
- Symptoms are temporary but similar to those of a full fledged stroke
- A person who has a TIA is 9.5 times more likely to have a stroke
What Are the Effects of Stroke?

- Paralyzed left sight
- Spatial perceptual defects
- Quick impulsive behavioral style
- Memory deficits
- Right Brain

Diagram showing the effects of stroke on the brain with labels for stroke site, damage side, nerves crossing, and symptoms side.
Types of Rehabilitation Programs

- Hospital programs
- Nursing facilities
- Outpatient programs
- Home-based programs