<table>
<thead>
<tr>
<th>Glucagon +</th>
<th>Insulin +</th>
</tr>
</thead>
<tbody>
<tr>
<td>cAMP ↑</td>
<td>↓</td>
</tr>
<tr>
<td>PKA Inc.</td>
<td>↑ P</td>
</tr>
<tr>
<td>Pyruvate Kinase ↓</td>
<td></td>
</tr>
<tr>
<td>PPI off</td>
<td>on</td>
</tr>
<tr>
<td>F-1,6-Phase on P</td>
<td></td>
</tr>
<tr>
<td>AKT</td>
<td></td>
</tr>
<tr>
<td>Glycogen Synthase off P</td>
<td></td>
</tr>
</tbody>
</table>

Circle what's active: Glycolysis Glycogenesis Gluconeogenesis Glycogenesis