improvement.
-SSRI's prescribed along with DBT to treat feelings of depression.

Anti social:
-Treatment almost impossible.
-Drugs are used (anti anxiety for lower hostility, stimulants for increased arousal).
-CBT used for reinforcing appropriate behaviours, punishing inappropriate behaviour; although individual therapy rarely produces any change in the individual.

**Childhood disorders:**

**Attention deficit hyperactivity disorder:**
-Requires therapeutic and drug intervention.
-Drugs are used (Methylphenidate or Ritalin that increase brain activity as their brain is underactive. In turn this decreases over active behaviour and increases concentration. Although there are side effects such as: sleep problems, reduced appetites and body twitches.

**Autism Spectrum disorder:**
-Requires structure in therapy.
-Behavioural analysis based upon principals of operant conditioning. (40 hours week, can lead to massive improvements upwards of 20 IQ points).
-Drugs can be used (SSRI's can reduce obsessive behaviours, Oxytocin can help with emotion recognition, although there is limited evidence for this.