Around 72 % of an entire body is made up of water and 72 % are our organs all kinds of minerals the vitamins proteins etcetera water is a very important part of body if we do not have water our body will get dehydrated very easily and dehydration is something which leads to illness and sicknesses it leads to loss of energy very quickly. Water is used by living organisms such as human beings animals plants microbes insects etc. need water and where living systems are not involved for example machines for example water was used as a coolant before now we have other types of coolants for example we have air conditioners which help in cooling the computer machines etc but before that me used to put water and store the water at certain parts to make sure that a machine was cool.

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