

If you're interested in a field, you might also join a community of like-minded people pursuing the same thing. For example, if you want to become an artist, attending an art class in your neighborhood might give you a sense of direction and belonging. You could also join a professional organization or find a digital community through a social media network or internet forum dedicated to the field or activity.

9. Define your values

Many people find jobs they're passionate about by thinking about what matters to them. When your workplace has similar values to you, it might be easier to connect with your work and feel a sense of purpose. For example, if you care about education, equality and reading, your passion might be literacy. You could find a job working with a nonprofit group that helps poorly funded schools access quality reading materials, or you might work for a government agency that focuses on public education.

10. Ask yourself what's next

Another way to discover your passion is to write your future biography. Discuss what you hope to accomplish five to ten years from now. After you complete this writing assignment, work backward to find out what accomplishments made you the most excited. Make a plan to turn this prediction into a reality with actionable objectives that help you work toward your goals.

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