• In simple definition of clarity it is simply means clearness to preview perception or clearness to understanding. Clarity gives us clear understanding of the life itself and its purpose. When it is clear to us about our purpose we can head in life in the right direction. Sometimes there are situations in life that we can't even control, and most of the time these struggles change the once we though clear can become muddy or misaligned. Most of the time when the things didn't go as we planned we lose clarity and purpose in life.

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• These are the five important things that we should remember in order to have clarity of ourselves and know what really matters: