

1. A nurse is assessing a client who recently used cocaine. Which of the following findings should the nurse expect?

Hypertension

2. A nurse is caring for a group of clients. Which of the following findings should the nurse report?

A client who is taking lamotrigine and has developed a rash

3. A nurse on a mental health unit is admitting a client who is anxious and tells the nurse, "I hear voices telling me what to do." Which of the following actions should the nurse take?

Ask the client what the voices are saying.

4. A nurse is communicating with a client in an inpatient mental health facility. Which of the following actions by the nurse demonstrates the use of active listening?

Attention to body language

5. A client who has paranoid schizophrenia is attending a treatment planning conference with a family member. During the discussion of the medication adherence portion of the plan, a nurse notices that the family member seems distracted. Which of the following actions should the nurse take?

Ask the family member if they have any thoughts or questions about the treatment plan.

6. A nurse is caring for a client who has schizophrenia and is experiencing psychosis. The nurse should identify that which of the following findings indicates a potential psychiatric emergency?

The client reports command hallucinations.

7. A nurse is caring for a client who is experiencing alcohol withdrawal. Which of the following medications should the nurse administer first?

Diazepam 5 mg IV bolus

8. A nurse is reviewing the electronic medical record of a client who has schizophrenia and is taking clozapine. Which of the following findings is the priority for the nurse to notify the provider? **The client reports an inability to breathe easily.**

9. A nurse in a community health center is counseling a family of two parents and two children. Which of the following statements by a family member indicates manipulative behavior?

If you do my homework for me, I won't bother you for the rest of the day.

10. A nurse is caring for a client who has schizophrenia and began taking a conventional antipsychotic medication yesterday. Which of the following findings indicates the nurse should administer benztropine 2 mg IM?

Shuffling gait

28. A client who has a diagnosis of depression is attending group therapy. During the group meeting, the nurse asks each member to identify one goal for the day. When it is the client's turn, they do not respond. Which of the following actions should the nurse take before repeating the request to the client?

Allow the client time to formulate an answer.

29. A community health nurse is planning an education program about depressive disorders. Which of the following factors should the nurse include as increasing the risk for depression?

Substance use disorder

30. A nurse is establishing a therapeutic relationship with a client who has antisocial personality disorder. Which of the following strategies should the nurse use when communicating with this client?

Set realistic limits on the client's behavior.

31. A nurse is preparing to administer chlorpromazine 0.55 mg/kg PO to an adolescent who weighs 110 lb. Available is chlorpromazine syrup 10 mg/5 mL. How many mL should the nurse administer?

14 mL

32. A nurse is planning care for an adolescent who is being admitted to an acute care unit following a suicidal attempt. Which of the following interventions should the nurse identify as the priority? **Arrange one-to-one observation of the client.**

33. A nurse is caring for a client in a mental health facility. The nurse overhears another staff member make derogatory comments to the client. Which of the following actions should the nurse take? **Report the occurrence to the charge nurse.**

34. A nurse is assessing a client who has schizophrenia. Which of the following findings should the nurse document as a negative symptom of this disorder?

Anhedonia

35. A nurse in a mental health clinic is caring for a client who has bipolar disorder and reports that they stopped taking lithium 2 weeks ago. The nurse should recognize which of the following as an expected adverse effect that might have caused the client to stop taking the medication?

Hand tremors

36. A nurse is reviewing routine laboratory values for several clients who are taking lithium carbonate. Which of the following clients should the nurse assess further for findings indicating lithium toxicity? **A client who has a sodium level of 128 mEq/L**

37. A nurse is admitting a client who has schizophrenia to an acute care setting. When the nurse questions the client regarding their admission, the client states, "I'm red, in the head, and I'm going to bed!" The nurse should document the client's speech pattern as which of the following?

Clang association

38. A nurse is caring for a group of clients. For which of the following situations should the nurse complete an incident report?

A client was administered one-half of the prescribed dose of medication.

39. A charge nurse is preparing an education session for a group of newly licensed nurses to review client rights under the law. Which of the following statements should the nurse make?

In the event a client threatens harm to others, medications can be administered without consent.

40. A nurse is admitting a female client who has anorexia nervosa. Which of the following manifestations should the nurse expect during the admission assessment?

Orthostatic hypotension

41. A nurse is admitting a client who has anorexia nervosa and is at 60% of ideal body weight. Which of the following interventions should the nurse include in the plan of care?

Encourage the client to drink 125 mL of fluid each hour while awake.

42. A nurse is caring for a client who is experiencing a situational crisis. Which of the following findings should the nurse expect?

The client recently lost a grandparent in a motor vehicle crash.

43. A nurse is teaching a client who has a depressive disorder about fluoxetine. Which of the following information should the nurse include in the teaching?

You might experience difficulties with sexual functioning while taking this medication.

44. A nurse is caring for a client who is undergoing electroconvulsive therapy (ECT) and will receive succinylcholine. The client asks the nurse about this medication. Which of the following responses should the nurse make?

Succinylcholine is given to reduce muscle movements during therapy.

45. A nurse is planning care for a newly admitted client who has bipolar disorder and is experiencing mania. Which of the following is the priority action by the nurse?

Provide frequent high-calorie snacks.

48. A nurse is caring for a client with alcohol use disorder who has undergone detoxification. Which of the following medications should the nurse expect the provider to prescribe to assist the client with maintaining sobriety?

Disulfiram.

49. A nurse is assessing a client who is receiving disulfiram for alcohol aversion therapy. The client is experiencing palpitations and reports nausea, a headache, and extreme thirst. The nurse should identify that which of the following situations is occurring?

The client is experiencing mild acetaldehyde syndrome.

50. A nurse is caring for a client who is dying. The client's son appears visibly upset when he visits. Which of the following statements should the nurse make to the client's son?

Tell me how you're feeling about your mother's illness.

51. A nurse is providing teaching to a client who has obsessive-compulsive disorder and performs hand hygiene to decrease anxiety. Which of the following actions by the nurse implements modeling as a behavioral intervention strategy?

Demonstrating performance of hand hygiene at scheduled times.

52. A nurse is providing teaching to a client who has a new prescription for amitriptyline. The nurse should teach the client that which of the following over-the-counter medications can cause cardiac dysrhythmias when taken concurrently with amitriptyline?

Pseudoephedrine.

53. A client who has cognitive impairment tells the nurse, "I'm leaving now. I have to be home by 5:00 PM because dinner will be ready." Which of the following responses by the nurse demonstrates the use of validation therapy?

At home, you had dinner at 5:00 PM. Was your father a good cook?

54. A nurse is assessing a client who was diagnosed with schizophrenia. Which of the following client findings is considered a positive symptom of schizophrenia?

Hallucinations.

55. A nurse is caring for a client who is experiencing opioid withdrawal. Which of the following manifestations should the nurse expect?

Muscle spasms.

56. A nurse is caring for a client who has bipolar disorder and has been prescribed lithium. The client's adult child states, "I'm upset that my father is taking this medication." Which of the following responses should the nurse make?

Tell me what worries you have about your father taking this medication.

57. A nurse is providing discharge teaching to the parent of an adolescent client who has bulimia nervosa and has been hospitalized for several weeks. Which of the following statements should the nurse identify as an indication that the parent understands the teaching?

I should allow my child to make independent decisions.

58. A nurse is interacting with a client in the dayroom of an acute mental health facility. The client accuses the nurse of being "too bossy" and states the nurse does not have the right to pressure anyone. Which of the following responses should the nurse offer?

Tell me what I said that made you feel uncomfortable.

59. A nurse is assessing a client who has major depressive disorder. The client states, "I might as well be dead. I have always been a failure." Which of the following responses should the nurse make?

Let's discuss these feelings further.

60. A nurse is teaching the family of a client who has Alzheimer's disease about donepezil. Which of the following statements should the nurse include in the teaching?

Donepezil can improve cognitive functioning during the earlier stages of the disease.

61. A nurse is providing teaching to a client who has generalized anxiety disorder and a new prescription for buspirone. Which of the following statements by the client indicates an understanding of the teaching?

I should expect to feel the full effect of my medication in 2 to 4 weeks

62. A nurse is performing an assessment of a newly admitted client. To establish trust, which of the following actions should the nurse perform in the orientation phase of the nurse-client relationship?
Inform the client that the admission is confidential.

63. A nurse is caring for a client in a mental health facility and overhears the client discussing plans to harm her father-in-law physically when she is discharged. Which of the following interventions should the nurse take?

Notify the provider of the client's threat.

64. A nurse in a mental health clinic is beginning a counseling session with a client who is having difficulties in a personal relationship. The client states that she does not want to talk at all today. Which of the following responses should the nurse make?

3. A nurse is providing discharge teaching to the guardians of an adolescent who has bipolar disorder. Which of the following manifestations should the nurse identify as an indication of acute mania? (SATA)

Spends excessive amounts of money. Speaks crassly using a loud voice.

4. A nurse is caring for a client who has excoriation disorder. Which of the following statements by the client should the nurse expect?

I pick my face when I am nervous.

5. A nurse in a health clinic is providing teaching to a client about binge eating disorder. Which of the following client statements indicates an understanding of the teaching?

The abdominal pain I often have is due to the amount of food that I eat.

6. A nurse is assessing a client whose partner died 4 months ago. Which of the following statements indicates that the client is at risk of complicated grief?

I feel so empty without my wife that it's hard to get up every morning.

7. A nurse is reviewing laboratory reports for a client who is taking risperidone. The nurse should identify that which of the following results indicates a potential adverse reaction to the medication? **Elevated blood glucose.**

8. A nurse is caring for an adolescent male client who has anorexia nervosa. The client asks, "Have I done any permanent damage to my body?" Which of the following responses should the nurse provide?

What concerns do you have about your physical health?

9. A charge nurse is discussing ethics with a newly licensed nurse. Which of the following actions should the charge nurse include as an example of beneficence?

Spending extra time reorienting a client who is experiencing command hallucinations.

10. A nurse is caring for a client who attends family counseling with his partner and their children. The client tells the nurse that he will not attend any more sessions and states, "I don't have time for all that talking." Which of the following responses should the nurse provide?

It must be difficult for you to talk about family problems.

11. A nurse is caring for a client who has alcohol use disorder and is receiving treatment for alcohol withdrawal. The client reports hand tremors 12 hr after admission. Which of the following statements should the nurse provide?

The tremors will persist for a few days as you are withdrawing from alcohol.

12. A nurse is caring for a client who is postoperative following an amputation of the left lower leg. The client states, "I can't believe this has happened to me. I don't deserve this." Which of the following responses should the nurse provide?

Tell me what you're feeling about what has happened.

13. A nurse is caring for a client who has social anxiety disorder. Which of the following client statements should the nurse expect?

I am embarrassed to eat in public.

14. A nurse is caring for a newly admitted client who is receiving treatment for alcohol use disorder. The client tells the nurse, "I have not had anything to drink for 6 hours." Which of the following findings should the nurse expect during alcohol withdrawal?

Insomnia.

15. A nurse is assessing a newly admitted client who has schizophrenia. The client suddenly looks at an empty chair and appears to be listening to something. Which of the following responses should the nurse make?

What are you hearing?

16. A nurse on a mental health unit is caring for a client who has depression. Which of the following actions should the nurse take to foster a therapeutic environment for this client?

Build trust with the client by sitting quietly with him.

17. A nurse is evaluating teaching for a client who has bipolar disorder and a new prescription for lithium. Which of the following statements by the client indicates an understanding of the teaching?
I am likely to gain weight while taking lithium.

18. A nurse is assessing a client who has major depressive disorder for suicide risk factors and protective factors. Which of the following client statements should the nurse identify as a protective factor that decreases the client's risk for suicide?

I consider myself a good problem-solver.

19. A nurse in a mental health facility is meeting with a client who has a diagnosis of major depression. During the conversation, the client stops speaking, and the nurse sits silently next to the client for several minutes. The nurse should identify that the therapeutic communication technique of silence is used for which of the following purposes?

To encourage the client to express feelings or concerns