We need to fine values a_1 and a_2 such that

$$\begin{bmatrix} -1\\1 \end{bmatrix} = a_1 \begin{bmatrix} 2\\3 \end{bmatrix} + a_2 \begin{bmatrix} 1\\2 \end{bmatrix} = \begin{bmatrix} 2a_1 + a_2\\3a_1 + 2a_2 \end{bmatrix}.$$

To be true, that vector based equation has to match at both coordinates. The first coordinate value gives us the equation $-1 = 2a_1 + a_2$, which can be easily converted into $a_2 = -1 - 2a_1$. The second is

$$1 = 3a_1 + 2a_2 \quad \Longrightarrow \quad 1 = 3a_1 - 2 - 4a_1 \quad \Longrightarrow \quad 3 = -a_1$$

leading to $a_1 = -3$ and $a_2 = 5$. The final answer is, basically, 'yes', though it is good to include

$$-3\begin{bmatrix} 2\\ 3\end{bmatrix} + 5\begin{bmatrix} 1\\ 2\end{bmatrix} = \begin{bmatrix} -6+5\\ -9+10\end{bmatrix} = \begin{bmatrix} -1\\ 1\end{bmatrix} \cdot \mathbf{U}$$
Dot Products
A dot product between two vectors **x** and **y** is written simply as $\mathbf{x} \cdot \mathbf{y}$ and calculated like so:
$$\mathbf{x} \cdot \mathbf{y} = \begin{bmatrix} x_1\\ x_2\\ \vdots\\ x_n \end{bmatrix} \cdot \begin{bmatrix} x_2\\ y_2\\ \vdots\\ y_n \end{bmatrix} = x_1y_1 + x_2y_2 + x_3y_3 + \dots + x_ny_n.$$

You multiply the equivalent terms in \mathbf{x} and \mathbf{y} then add them all up, resulting in a real number out of two vectors.

If we take the vector
$$\mathbf{v} = \begin{bmatrix} 3\\ 4 \end{bmatrix}$$
 in \mathbb{R}^2 we can calculate
 $\mathbf{v} \cdot \mathbf{v} = 4 \times 4 + 3 \times 3 = 16 + 9 = 25.$

Why mention this? Well, consider a more geometric interpretation of \mathbf{v} . It is, in actual fact, the hypotenuse of a triangle with remaining lengths 4 and 3. By the Pythagorean theorem, that makes the length of \mathbf{v} equal to the square root of

$$4^2 + 3^2 = 16 + 9 = 25,$$