

1. The nurse is caring for a client who has normal glucose levels at bedtime, hypoglycemia at 2am and hyperglycemia in the morning. What is this client likely experiencing?

Answers:

A. Dawn phenomenon

B. Somogyi effect

C. An insulin spike

D. Excessive corticosteroids

Correct answer: B) Somogyi effect

Rationale: The Somogyi effect is when blood sugar drops too low in the morning causing rebound hyperglycemia in the morning. The hypoglycemia at 2am is highly indicative. The Dawn phenomenon is similar but would not have the hypoglycemia at 2am

2. The nurse is caring for a patient whose blood glucose level is 55mg/dL. What is the likely nursing response?

Answers:

A. Administer a glucagon injection

B. Give a small meal

C. Administer 10-15 grams of a carbohydrate

D. Give a small snack of high protein food

Correct answer: C) administer 10-15 grams of carbohydrate

Rationale: The client has low hypoglycemia. This is generally treated with a small snack.

3. What insulin type can be given by IV? Select all that apply:

Answers:

Endocrine Nclex Question

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