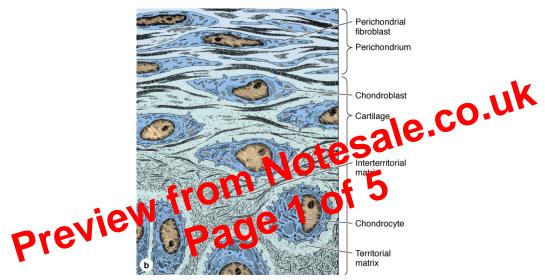
Histology of cartilage

- Cartilage is a tough, flexible form of connective tissue, characterised by extracellular matrix (ECM), with a high concentration of glycosaminoglycans and proteoglycans which interact with collagen and elastic fibres
- Cartilage consists of **chondrocytes** embedded in an extensive ECM
 - o Chondrocytes have low metabolic activity
 - o Chrondrocytes synthesize and maintain ECM components
 - o Chondrocytes are located in matrix cavities called lacunae
- Cartilage is avascular and receives nutrients by diffusion from capillaries in adjacent connective tissue
- Perichondrium (dense connective tissue) surrounds cartilage in most places
 - o Also harbours cartilage's vasculature supply, nerves and lymphatics
 - o Articular cartilage lacks perichondrium



Taken from Mescher, Junqueira's Basic Histology: Text and Atlas, Twelfth Edition

- Variations in the composition of matrix components and cells produce three types of tissue
 - o Hyaline

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