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tons just by following the 5 strategies in this guide. These strategies have worked time and time again, for thousands of students. This guide will lift the cloud of doubt in your mind about SAT prep, giving you action-oriented tips you can start using **right now** to boost your SAT score.

Follow the advice in this guide, and I'm completely certain that you'll know the fundamentals of getting the SAT score you need to get into your dream college. In fact, if they don't work for you, I want you to email me because you'll be the first student I've ever worked with that didn't benefit from the advice in this guide.

And one more note before we begin: this guide was written to be as concise and clear as possible. I recommend you read every page and avoid skimming to get the most out of this guide.

I always want to hear from my readers. **If you have ANY questions or feedback, no matter how small, always feel free to email me at fred@prepscholar.com.** I read and respond personally to all my emails.

studying for the SAT is going to get you.

Now that we've got the big picture in place, we need to work on the **little picture**. Studying for the SAT can still be boring, and it's easy to lose motivation when you actually start studying. It's too easy to crack out your phone, message your friends, or start browsing Facebook.

To crack the secret to motivation, I've studied dozens of psychological research projects and worked with hundreds of students. By far, this single concept has worked over and over again:

“ Break up all of SAT prep into small, clear-cut goals, and get rewards for meeting those goals. ”

Humans are most motivated when they accomplish small tasks and receive rewards or self-satisfaction when they accomplish these tasks.

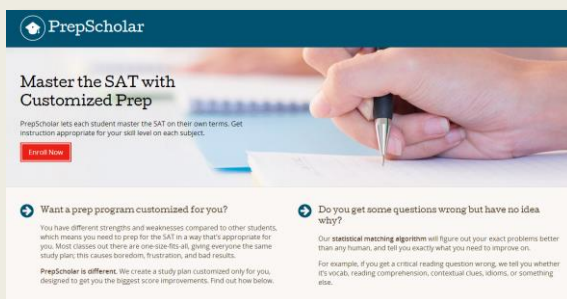
This principle works for every difficult goal in life. People on diets fail to lose weight if they see the goal as a giant task of losing 100 pounds. It's just too big a task.

However, if they **break up the giant goal into small, manageable goals** – just eat fewer calories one day, then two days, then one week – dieters suddenly have a plan they can stick to. With each pound lost, dieters see the

- If you feel you're stronger in some skills than others, you need to prep in a way that reflects your unique abilities.
- If you're aiming for a specific score target, you need to prep differently from someone aiming for a higher or lower score. You need to use different strategies.
- If you have a busy schedule and need a way to fit in prep into your schedule, you need prep that adapts to your time availability and helps you commit time to your study plan.

With PrepScholar, you'll be able to address all of the issues above. We completely customize the study program for your skill abilities, so that you're always working on what's most effective for you. We give you different strategies depending on what your score target is.

To motivate you to study, you'll schedule time every week to study and we'll remind you of your study appointments. We'll also give you and your parent weekly progress reports so you'll always know you're on the right track.



PrepScholar

Master the SAT with Customized Prep

PrepScholar lets each student master the SAT on their own terms. Get instruction appropriate for your skill level on each subject.

[Enroll Now](#)

Want a prep program customized for you?

You have different strengths and weaknesses compared to other students, which means you need to prep for the SAT in a way that's appropriate for you. Most classes out there are one-size-fits-all, giving everyone the same study plan; this causes boredom, frustration, and bad results.

PrepScholar is different. We create a study plan customized only for you, designed to get you the biggest score improvements. Find out how below.

Do you get some questions wrong but have no idea why?

Our **statistical matching algorithm** will figure out your exact problems better than any human, and tell you exactly what you need to improve on.

For example, if you get a critical reading question wrong, we tell you whether it's vocab, reading comprehension, contextual clues, idioms, or something else.

[Visit to see why PrepScholar is ideal for you.](#)