

Vital Signs: Toddler

- HR; 80-130 bpm
- Respiratory Rate – 20-30 min
- Systolic BP; 70-100 mmhg

Cognitive Developmental Changes:

- 12 months – begins to grasp that “words” mean something
- 18-24 months – understands cause and effect; develops separation anxiety
- 24-36 months – begins “magical thinking” and imaginative entertainment
- 3-4 years – masters the basics of language that will continue to be refined throughout adulthood

Pre-School Age – stage of life from 3-5 years

Vital Signs: Pre-School Age

- HR: 80-120 bpm
- Respiratory Rate: 20-30 min
- Systolic blood pressure: 80-110 mmHg

School Age – 6-12 years

Vital Signs: School Age

- HR: 55-105 bpm
- Respiratory Rate: 12-20 min
- Systolic BP: 80-120 mmHg

Early Adulthood – stage of life from 13-40 years

Vital Signs: Early Adulthood

- HR: average 70 bpm
- Respiratory Rate: 16-20 min
- Blood pressure; 120/80 mmHg

Middle Adulthood – 41-60 years

Late Adulthood – 61+ years

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